Super Simple underwear for knitted Waldorf doll

Or, what you can do with knitted rectangles!

Materials:
- DK or sportweight (3) yarn
- Size 4 US needles (3.5mm)

Gauge: 6 stitches and 8 rows = 1 inch on size 4 needles

Abbreviations:
K = Knit
P = Purl
Gs = Garter Stitch (knit every row)
St st = stockinette stitch (alternate knit and purl rows)

The undies are worked as a single rectangle. After knitting, fold the short ends toward the middle and seam up, then take a single stitch at the bottom to create the legs.

Cast on 40 sts
1-3: K each stitch, for three rows of Gs
4-14: Starting with a knit row, work in St st
15: K 40.
Bind off leaving a long tail.

With right sides together, sew the center back seam. You now have a tube. The cast on end is the leg opening end. With the center back seam centered at the back, take two or three stitches from the center front to the center back at the leg opening end. Your undies are now done!

Camisole: work two rectangles for the front and the back. The front will have the straps knitted on picked up stitches after the rectangle is complete. You will stitch up the side seam from the bottom to 1/2 inch from the top, then sew the strap to the back.

Front: cast on 21, leave a tail to sew up the side seam
1-3: K each stitch, for three rows of Gs (this is the bottom of the work)
4: K21 (this is the right side of the work)
5: P1 *K1, P1. Repeat from * to the end of the row
6: K21
7-16: Repeat rows 5 and 6. This creates a 'broken rib' stitch
17: K21.  
Bind off

With the right side of the camisole front facing you, pick up three stitches at the top right corner of the camisole. I find it easier to do this with a size C crochet hook instead of the knitting needles. Work Gs for nine rows over these three stitches (strap should be about one inch long). Bind off leaving a tail to sew the strap to the back of the camisole.

Repeat picking up three stitches at the top left corner of the camisole.

Back: Cast on 21; repeat 1-17 of front. Bind off.

With right sides together, stitch side seams from the bottom to 1/2 inch from the top. Turn right side out.

Sew the straps to the back of the camisole. Finished!