



Waldorf Doll with Knit body

baw 12/22/2014

Makes a 12 inch doll

Materials:

- A traditional made Waldorf head for a 12 inch doll: 10 to 11 inch in circumference
- Worsted yarn, preferably wool or wool blend. Main color and skin color. I used Berocco Vintage worsted yarn for the model, which is 50% acrylic, 40% wool, 10% nylon.
- Size 3 (3.25mm) dpn's
- Size 1 (2.5mm) dpn's
- Stuffing. Fiberfill or wool roving. The head should definitely be made with wool. I stuffed the body

with fiberfill, as it is cheaper, but authentic Waldorf dolls should be stuffed with wool as well.

-size E or F crochet hook to make wig cap

-Yarn for hair. I like a yarn with a high mohair content. The wig looks more like hair, and the wig cap is completely concealed by the 'hairy-ness' of the yarn. For Ivy Rose I used yarns with high mohair content. These yarns can be purchased anywhere that Waldorf dollmaking supplies are sold.

Gauge: 6 sts = 1 inch on size 3 dpn's

For this doll, I made the Waldorf head as it is traditionally made, with an inner core of wool contained in a tube of stockinette, then wrapped with flesh colored fine gauge knit cotton. I have a detailed tutorial for making these heads that you can find here:

<https://www.flickr.com/photos/29184580@N04/sets/72157617798912890/>



The body of the doll is knit, in the round. The legs and torso are knit as one piece and stuffed. The head is inserted into the top of the torso and the knitting pulled tight around the neck. The arms are made separately, stuffed, and closed with a three needle bind-off.

Legs: CO six sts and distribute evenly over three size 3 dpns; two sts per needle.

1: K6.

2: Kinc in each st. 12 sts

3: K12

4: K1, Kinc, Kinc, K1 n each needle. 18 sts

5-8:K18

9: K6 on needle one, turn. Leave needles 2 and 3 to dangle

10: P6 on needle one, turn.

11: K6 on needle one; pick up two stitches on the edge

K6 on needle two

K6 on needle three, pick up two stitches on the edge. 22 total stitches, eight sts on needle one, six sts on needle two, eight sts on needle three

12: K6, K2tog on needle 1
K6 on needle 2
K6, k2tog on needle 3
13: K5, K2tog on needle 1
K6 on needle 2
K5, K2tog on needle 3

14: K18

15-45: K18. Stuff the leg smoothly as you stitch, making sure you do not stretch the knit stitches and let the stuffing show.

46: K6 on needle one, bind off two sts, K4 on needle two including the last st of the bindoff, K6 on needle 6. Break yarn, leaving a long tail, and place these stitches on a piece of waste yarn.

Second Leg, Work the same as the first leg through round 45.

46: K6 on needle one, K6 on needle 2, K4, bind off the last two sts on needle three. Don't break the yarn.

Place the stitches of the second leg on two needles, eight sts per needle. Place the stitches of the first leg on two needles, eight stitches per needle. The two bound off sts on each leg form the inside crotch; they should face each other, and make sure your feet both point in the same direction!



Torso:

1: K8 sts each needle. 32 sts

2: K4, Kinc, K3 on each needle. 36 sts

3-29: K9 on each needle

30: Change to size 1 dpn's and K9 on each needle. Break yarn leaving a long tail. Thread the tail through the stitches around the neck.

With the long tail from the first leg, sew up the opening between the legs. Do not cut the yarn, as you will use this to stitch across the legs to allow them to move.

Place a safety pin through the top of each leg where it joins the body. Stuff the body smoothly, making sure you do not stretch the stitches and let the stuffing show.

Insert the muff of the head into the body, and make sure it is firmly in place and won't wobble. Pull up the yarn around the neck stitches tightly around the neck. I threaded this yarn a couple times through the stitches to make sure the head is securely attached to the body.

Arms: With flesh colored yarn, CO six stitches and distribute evenly over three dpn's, two sts per needle.

1: K6.

2: Kinc in each st. 12 sts

3: K12

4: K1, Kinc, Kinc, K1 on each needle. 18 sts

5-10: K18

11: [K2, K2tog, K2] on each needle. 15 sts

12: Change to main color and K5 on each needle.

13: P5 on each needle

14: K5 on each needle

15: P5 on each needle

16-39: K5 on each needle. Stuff the arm smoothly for about 2/3 of its length; leave the upper 1/3 of the arm unstuffed.

40: [K1, K2tog] all around. 10 sts

At the end of round 40, place five stitches on one needle and five on the other and finish the arm with a three needle bind-off. Leave a long tail to sew the arms to the body.



Wigging your doll!

I confess, this is my favorite part of dollmaking, and it is easy to make a lovely head of hair for your doll. The basis for all of my doll wigs is the crochet cap. All you need to know is how to do a single crochet, the simplest crochet stitch. There are plenty of tutorials out there to show you how to do this, so pick up a hook and give it a try.

For Ivy Rose, I used one of the mohair yarns I used for her hair and a size F crochet hook. Do not join rounds; to keep your place, use a stitch marker to mark the end of each round. Work all of the stitches in the front loop only, this will leave you a visible free loop all round the wig cap to hook your hair strands into. This isn't strictly necessary, as you can hook into the cap without this, but I find it helpful.

1: Ch2, work eight sc in the second ch from the hook. 8 sc

2: Two sc in each sc around. 16 sc

3: (Sc in the first sc, two sc in the next sc) around. 24 sc

4: (Sc in the first two sc, two sc in the next sc) around. 32 sc

5: Work evenly in sc for a couple of rounds, then fit the cap to the doll and see if you need to add any more stitches. If you do, add four sts evenly around, work a couple more rows, and check the fit.

Continue working evenly and checking the fit until the cap fits on the head snugly and gives you the hairline you want. About 12 rounds is what it takes to make a wig cap for this size doll, but don't be troubled if yours is a couple rounds more or less...what looks good to you is what counts.

At this point, you can make a very simple ponytail by hooking long strands all around the last round of the cap, and pull the strands back for a ponytail.

Or, you can make braids or two pony tails by doing the above, then crochet a chain to make a center parting from the forehead to the back of the wig cap. Hook strands of yarn into both sides of the chain, then stitch this down to the cap for a center parting. Pull the yarn to the each side of the head and tie off or braid.

Or, you can make a 'full styling' wig by cutting 100-150 long strands. Beginning at the center of the cap, hook the strands into every other, or every third, free loop, working in a spiral outward. When you get to the next to the last round, hook into every other loop, and for the last round, hook into every loop. This is also somewhat subjective; as you hook in strands, see how the wig looks to you and adjust the number of strands you are using. It takes a little time, maybe an hour or two, so put on some good music or a fun movie and hook away!

Here is a picture tutorial of a couple simple wigs, and the making of the wig cap:

<https://www.flickr.com/photos/29184580@N04/sets/72157619529864003/>





Knit Pinafore with a wee bit of crochet

Materials:

- Worsted yarn. The mode was made with Berocco Vintage worsted
- Size 4 (3.5mm) dpns
- Size E crochet hook

Gauge: 5 sts = 1 inch

Stitches: Kdec = knit two sts tog.

Crochet Link St = chain3, dc in the third ch from the hook (one link made), ch3, dc in third ch from the hook (second link made). Work the number of links called for in the pattern.

This little pinafore is worked from the hem up in the round. It requires no closures or seam sewing :-)
The straps and cap sleeves are done in crochet, but if you prefer, you could garter stitch the straps instead. I used a simple Fair Isle pattern for the skirt; but it can be made plain, or striped, or whatever.

Skirt: begins at the hem. CO 80 sts with contrast color and divide evenly over four size 4 dpn's; 20 sts per needle. The pattern below shows the Fair Isle pattern for one needle. Repeat this pattern from round 1 through 18 on all four needles

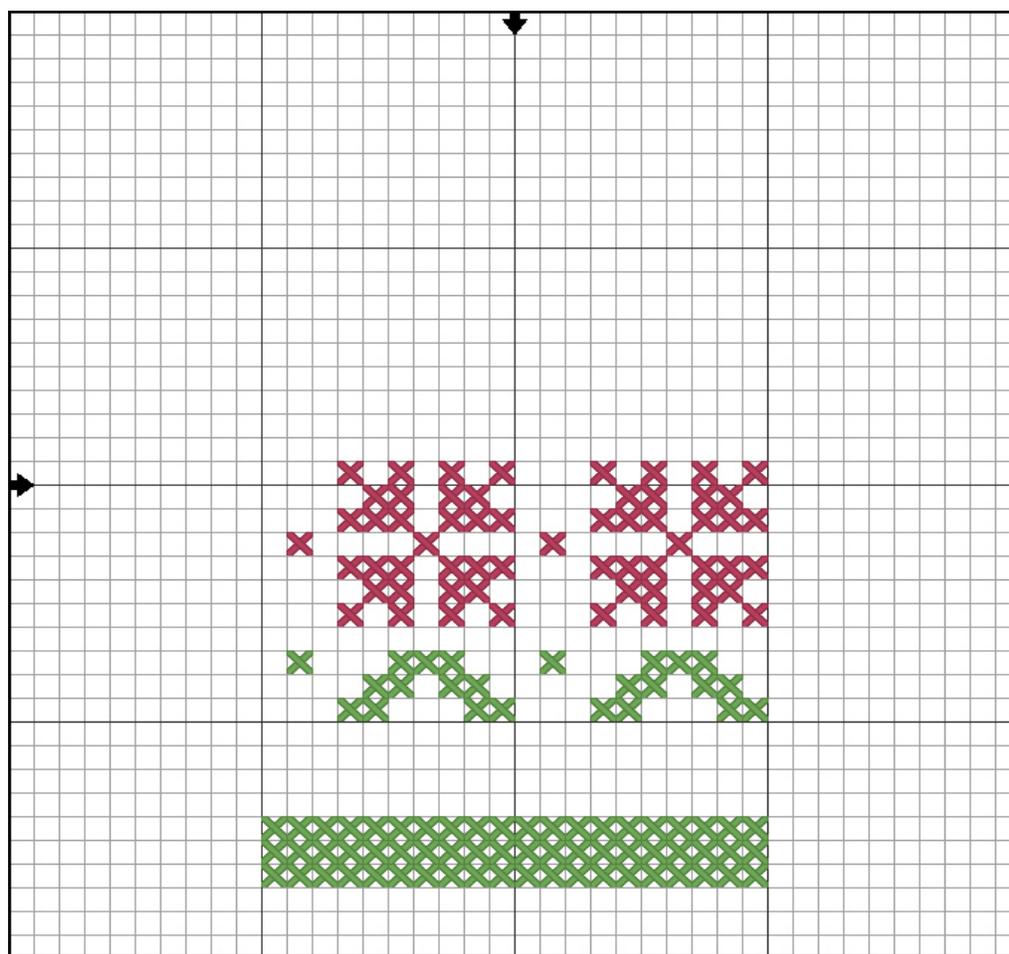
1: K20 on each needle

2: P20 on each needle

3: K20 on each needle. At the end of round 3, change to main color

4-7: K20 on each needle

8-18: Knit the green leaves and pink flowers per the chart.



19-24: K20 on each needle in main color

25: Kdec in every stitch across. 10 sts on each needle, 40 sts total.

26: P10 on each needle

27: K10 on each needle

28-36: Repeat rounds 26 and 27 for garter stitch bodice. At the end of round 36 bind off knitwise.

With crochet hook and contrasting color, join yarn with a sc in the first st at the back of the pinafore. Sc in the next five sts, work four link sts, skip the next eight sts on the bodice, sc in the next 12 sts, work four link sts, skip the next eight sts on the bodice, sc in the last six sts. Join with a sl st to the first sc and finish off. The pinafore straps are now finished.

To make the cap sleeves, join contrasting yarn in the fourth sts of the underarm. Sc in the next four sts; in each link across the top of the armhole work 4dc, for a total of 16dc, sc in the remaining sts of the underarm. Join with a sl st to the first sc and finish off.

Weave in all your loose ends and you are done!